



Polk Works' mission is to be an innovative leader to ensure and sustain a quality workforce for today and in the future

Lakeland One Stop
309 N. Ingraham
Lakeland, FL 33801
(863) 508-1100 TTY: 711

Winter Haven One Stop
500 E. Lake Howard
Winter Haven, FL 33881
(863) 508-1100 TTY: 711

Career Resource Room Job Seeker/Claimant Services

The One-Stop Career Center Resource Room provides access to a range of employment related services focusing on job search and the provision of basic information on filing for Unemployment benefits, claiming weeks or filing an appeal. Employment Counselors are available to assist with services such as job referrals, resume assistance, employment counseling, labor market information, and other One-Stop related services.

To Access Job Seeker/Claimant Services:

- _____ 1. **Check in** with the **Front Desk** receptionist.
- _____ 2. **Resource Staff** will **assign a computer** OR an **Employment Counselor** to **answers One Stop questions** or view pre-screen for a job order. Please bring the job order numbers for referral.
- _____ 3. **Register on Employ Florida** (EFM) www.employflorida.com and **post your resume** and **10 year work history - OR**
If applying for Unemployment go to www.fluidnow.com.
If applying for Food Stamps, Medicaid or Cash Assistance, go to www.myflorida.com/accessflorida
- _____ 4. **Job Referrals requiring a staff referral** ask to **Resource Room reception desk to speak with an Employment Counselor.**
- _____ 5. **Ask the Employment Counselors** about our **Individualized One Stop Services.**
- _____ 6. **Check out at the front desk** before leaving.

Contact any Employment Services Representative listed below for more information

Lakeland

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An equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD/TTY (via the Florida Relay Service) 711. Member Employ Florida.

